

## Individual & Family Plans

Cigna Health and Life Insurance Company  
and Cigna HealthCare of Arizona, Inc.  
and Cigna HealthCare of Texas, Inc.

# 2016 NO COST-SHARE PREVENTIVE MEDICATIONS

## by drug category

At Cigna, your health and well-being is most important, and we want you to be at your 100% best. It's good to take care of yourself. Getting the right preventive care services at the right time can help you stay healthy.

### Health care reform requires coverage of specific preventive medications with no patient cost-sharing

The Patient Protection and Affordable Care Act (PPACA) requires that certain categories of drugs and other products be included in preventive care services coverage based on recommendations from the U.S. Preventive Services Task Force as well as the Institute of Medicine. These recommendations are meant to help prevent disease and meet women's unique health care needs, and are updated periodically to reflect new advances in science and medicine.

### Preventive medication coverage

The following prescription medications (as well as certain over-the-counter medications) and products may be available to you with no cost-sharing (copay, coinsurance and/or deductible) depending on your plan. Visit [Cigna.com/ifp-drug-list](http://Cigna.com/ifp-drug-list) for more information. Once you are a customer, you can review your policy or use the Prescription Drug Price Quote

tool on [myCigna.com](http://myCigna.com) to compare prices at local retail pharmacies and Cigna Home Delivery Pharmacy<sup>SM</sup>. If you have questions, you can **call customer service using the number on the back of your ID card, 24 hours a day, 365 days a year, and we'll be happy to help.**

### Your healthcare professional

Talk with your health care professional about choosing the medication or product that's right for you. If your health care professional feels a certain contraceptive product (on this list) isn't medically appropriate for you, have your health care professional contact us to determine what other contraceptive products (not on this list) may be available with no cost-sharing. For preventive medications (including over-the-counter medications) or products to be covered, you'll need to get a prescription from your health care professional.

Together, all the way.®



**This list represents the medications that Cigna administered plans will cover with no cost-sharing due to PPACA requirements. Please note: this list is subject to change.**

**Aspirin Products**

Available to:

Males: 45-79 years

Females\*: 55-79 years \*Available beginning 9/1/15 for females of childbearing age at risk of preeclampsia during pregnancy

Adult Low Dose Aspirin  
Adult Low Dose Aspirin EC  
Aspirin EC 81  
Aspirin 81 mg  
Aspir-Low  
Bayer Chewable Aspirin  
Children's Aspirin  
Children's Chewable Aspirin  
Ecotrin 81 mg  
Halfprin  
Low Dose Aspirin  
Low Dose Aspirin EC  
St. Joseph Aspirin

**Barrier Contraception**

Available to Females

Conceptrol  
FC2 Female Condom  
Femcap  
Gynol II  
Options Conceptrol Vaginal Contraceptive  
Options Gynol II Vaginal Contraceptive  
Today Contraceptive Sponge  
VCF Vaginal Contraceptive Film  
VCF Vaginal Contraceptive Foam  
Wide Seal Diaphragm 60  
Wide Seal Diaphragm 70  
Wide Seal Diaphragm 75  
Wide Seal Diaphragm 80  
Wide Seal Diaphragm 85  
Wide Seal Diaphragm 90  
Wide Seal Diaphragm 95  
Wide Seal Diaphragm 65

**Breast Cancer Prevention (Females)**

\*effective on plan anniversary date beginning September 1, 2014.

raloxifene  
tamoxifen

**Emergency Contraception**

Available to Females

Ella  
My Way  
Next Choice One Dose  
Take Action

**Fall Prevention / Vitamin D Supplementation**

\* adults 65 years of age and older to prevent falls

Children's Replesta  
Children's Vitamin D  
D3 Dots  
D3-2000  
D3-50  
Decara  
Delta D3  
Dialyte Vitamin D3 Max  
Dialyvite Vitamin D  
D-Vi-Sol  
D-Vita  
Just D  
Kids Vitamin D3  
Maximum D3  
Optimal D3  
Replesta  
Replesta NX  
Thera-D  
Vitamin D  
Vitamin D3  
Vitamin D-400

**Folic Acid Supplementation**

Available to Females (Only products containing 0.4 mg-0.8 mg of folic acid are included)

Classic Prenatal  
Daily Prenatal  
Folic Acid  
KPN  
Maxinate  
One Daily Prenatal  
P-D Natal Plus With Folic Acid  
Prenatal  
Prenatal Formula  
Prenatal Multi + DHA  
Prenatal OTC  
Prenatal Vitamins

Preque 10  
Right Step Prenatal Vitamins  
Urosex

**Hormonal Contraception^\***

Available to Females

Altavera  
Alyacen 1/35  
Alyacen 7/7/7  
Amethia  
Amethia Lo  
Apri  
Aranelle  
Aubra  
Aviane  
Azurette  
Balziva  
Briellyn  
Camila  
Camrese  
Camrese Lo  
Caziant  
Chateal  
Cryselle-28  
Cyclafem 1/35  
Cyclafem 7/7/7  
Dasetta 1/35  
Dasetta 7/7/7  
Daysee  
desogestrel/ethinyl estradiol  
drospirenone/ethinyl estradiol  
Elinest  
Emoquette  
Enpresse-28  
Enskyce  
Errin  
Estarylla  
Falmina  
Generess Fe  
Gianvi  
Gildagia  
Gildess 1.5/30  
Gildess 1/20  
Gildess FE 1.5/30  
Gildess FE 1/20  
Heather  
Introvale  
Jencycla  
Jolessa

Jolivet  
Junel 1.5/30  
Junel 1/20  
Junel FE 1.5/30  
Junel FE 1/20  
Kariva  
Kurvelo  
Larin 1/20  
Larin FE 1.5/30  
Larin FE 1/20  
Leena  
Lessina  
Levonest  
levonorgestrel  
levonorgestrel and ethinyl estradiol  
levonorgestrel/ethinyl estradiol  
Levora 0.15/30-28  
Loryna  
Low-Ogestrel  
Lutera  
Lyza  
Marlissa  
medroxyprogesterone acetate 150 MG/ML  
Microgestin 1.5/30  
Microgestin 1/20  
Microgestin FE  
Microgestin FE 1.5/30  
Mono-Linyah  
Mononessa  
Myzilra  
Necon 0.5/35-28  
Necon 1/35  
Necon 7/7/7  
Nora-Be  
norethindrone  
norgestimate/ethinyl estradiol  
norgestrel/ethinyl estradiol  
Nortrel 0.5/35 (28)  
Nortrel 1/35  
Nortrel 7/7/7  
Nuvaring (Available 7/11/2015)  
Ocella  
Orsythia  
Philith  
Pimtrea  
Pirmella 1/35  
Pirmella 7/7/7  
Portia-28  
Previfem

Quasense  
Reclipsen  
Sprintec 28  
Sronyx  
Syeda  
Tilia FE  
Tri-Estarylla  
Tri-Legest FE  
Tri-Linyah  
Trinessa  
Tri-Previfem  
Tri-Sprintec  
Trivora-28  
Velivet  
Vestura  
Viorele  
Vyfemla  
Wera  
Wymzya FE  
Xulane  
Zarah  
Zenchent  
Zenchent FE  
Zeosa  
Zovia 1/35E

^ If your doctor feels these medications are medically inappropriate, have them call us. Brands may be available with no cost-sharing to you.

\* Generic hormonal contraceptives are available at no cost-sharing to you, even though they may not be listed here.

### Pediatric Iron-Containing Products/Fluoride Supplementation

Available to Males and Females: six months - 12 months

Children's Ferrous Sulfate  
Children's Iron  
Fer-In-Sol  
Fer-Iron  
Ferrous Sulfate  
Flura Drops  
Icar  
IronUp  
Multivitamins with Fluoride-Iron  
MyKidz Iron 10  
Novaferum  
Wee Care

### Pediatric Multivitamins (containing fluoride and fluoride supplements)

Available to Males and Females: six months - six years

Escavite  
Escavite D  
Floriva  
Fluorabon  
Fluor-a-day  
Fluoride  
Fluoritab  
Flura-drops  
Ludent Fluoride  
Multivitamin and Fluoride  
Multivitamins with Fluoride

Multivitamins with Fluoride-Iron  
MVC-Fluoride  
MyKidz Iron FL  
Poly-VI-Flor  
Poly-VI-Flor with Iron  
Polyvitamins with Fluoride  
Quflora  
Sodium Fluoride  
Triple Vitamin w/Fluoride  
Tri-VI-Flor  
Tri-vitamin with Fluoride  
Tri-vite w/Fluoride  
Tri-vite w/Fluoride Iron  
Vitamins A,C,D & Fluoride

### Smoking Cessation^\*

Effective on plan anniversary date beginning December 1, 2014.

Quantity Limitations apply.

bupropion (generic for Zyban®)  
May also be known as:  
Bupropion HCl SR 12HR  
Buproban  
nicotine replacement therapy\*  
patches, gum and lozenges

May also be known as:

Commit  
Nicoderm  
Nicorelief  
Nicorette  
Nicotine Polacrilex Gum  
Nicotine Polacrilex Lozenge  
Nicotine TD Patch 24HR

Nicotine Transdermal System

^ If your doctor feels these medications are medically inappropriate, have them call us. Brands may be available with no cost-sharing to you.

\* Generic nicotine replacement therapy (so called "store-brands" are available at no cost-sharing to you, even though they may not be listed here.)



Medical insurance policies contain exclusions and limitations. To be eligible for coverage, a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill or purchase the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Tel-Drug, Inc., Tel-Drug of Pennsylvania, L.L.C., Cigna HealthCare of Arizona, Inc., and Cigna HealthCare of Texas, Inc. "Cigna Home Delivery Pharmacy" refers to Tel-Drug, Inc. and Tel-Drug of Pennsylvania, L.L.C. The Cigna name, logo and other Cigna marks are owned by Cigna Intellectual Property, Inc.