

fitness your way

by Tivity Health

- Gym discount program great for frequent travels or trying out different gyms
- Built-in flexibility—no commitment to single gym membership.
- Choose the package that best fit your lifestyle
- Monthly membership fee is determined by the package selection.
- Downloadable membership card for immediate use

Digital Only

For just \$10 per month and no enrollment fee, members will have access to our digital package which includes access to partners like Les Mills on-demand and BurnAlong.

Content includes full body weight workouts, new generation yoga, high intensity classes and so much more!

Base

The base tier provides a variety of fitness options at an affordable cost. This tier has approximately 3,000+ locations.

Locations in this tier offer a variety of cardio and strength machines, as well small group fitness classes (at select locations).

Core

The core tier provides access to over 8,000* locations nationwide.

Locations in this tier offer expanded group fitness classes, free weights, resistance training, pools and saunas (at select locations).

Power

The power tier provides the best value, with over 12,000* locations nationwide.

Locations within the Power tier provide access to full-service clubs with a wider range of amenities and services such as pools, saunas, group fitness classes, racquetball and basketball courts, and more.

Elite

The Elite tier provides all the same benefits as the Power tier with the addition of (1) Elite gym, which can be selected by the member each month.

*Network counts are cumulative as you go up in tiers 1-3.



To enroll visit: fitnessyourway.tivityhealth.com/bsc
or call (833) 283-8387.

To find locations visit: fitnessyourway.tivityhealth.com/locations

